

California Avocado White Bean Salad



The Ingredients

- 1 ripe California Avocado, seeded, peeled and chopped
- 2 cans white Northern beans, rinsed and drained
- 1 cup grape tomatoes halved
- 1 cup chopped cucumbers
- ¼ red onion chopped
- ⅓ cup fresh lemon juice
- 1 Tbsp. olive oil
- ¼ tsp of sea salt
- Dressing to taste

Directions

- Add avocado, white beans, tomatoes, cucumbers and onion to a medium bowl and gently stir.
- Whisk dressing ingredients.
- Drizzle dressing over bowl mixture and gently stir.